

Our Ref: JDR/FSC2606COU

Wednesday 26<sup>th</sup> June 2019

Dear Parents and Carers

### Summer Counselling Sessions

Mental health and wellbeing is a key priority at Baysgarth and we are proud of the work we undertake with both with students and staff at the school. We believe positive mental health is the key to having happy and successful students, who are well prepared to take their next steps in life.

The school has invested significantly in this area, for example, with Learning Managers for all Houses, staff mental health champions, student mental health ambassadors and we are the only school in North Lincolnshire to have a counsellor on site four days per week.

The school continues to invest in mental health and wellbeing, but the need is growing for additional support with GP services, CAMHS and private counsellors reducing their services within our local area and waiting lists are growing longer.

To support parents and students during the summer break, we have brokered some private appointments with our counsellor, Sally Whittingham. Sessions will run on the following dates:

- Monday 29<sup>th</sup> July
- Tuesday 30<sup>th</sup> July
- Monday 12<sup>th</sup> August
- Tuesday 13<sup>th</sup> August
- Monday 19<sup>th</sup> August
- Tuesday 20<sup>th</sup> August
- Tuesday 27<sup>th</sup> August
- Wednesday 28<sup>th</sup> August

These fifty minute appointments are not funded by the school and are therefore treated as private appointments that the school's brokers to allow you to get a discounted price of £30 per hour.

In September the waiting list for counselling is very lengthy and the students are prioritised on need and meeting our threshold. We are hoping for those students who don't meet the threshold to get a school funded appointment for there to be the opportunity for you to buy into the service on a weekly basis. Further details will be sent in September, following evaluation of the summer programme. Your child will be informed over the next week if they have an appointment with Sally next year. If your child is not sure then please direct them to their Learning Manager or Sally, who will be able to help.

If you think that your child would benefit from this provision throughout the summer, you can request to book a session by contacting the school via [admin.baysgarth@baysgarthschool.co.uk](mailto:admin.baysgarth@baysgarthschool.co.uk) detailing your preferred date and time. Please note, appointments are bookable in the following sessions:

- Session 1: 9.00am-9.50am
- Session 2: 10.00am-10.50am
- Session 3: 11.15am-12.05pm
- Session 4: 12.20pm-1.10pm
- Session 5: 1.45pm-2.35pm
- Session 6: 2.50pm-3.40pm

Payments will need to be submitted via the secure, online payment system, ParentPay ([www.parentpay.com](http://www.parentpay.com)). Each fifty-minute session is £30 and it is recommended that your child has one session per week, where possible. Sessions are to be paid for in advance, and will not take place if payment has not been received.

Sessions will be held in school and students will be asked to arrive at the main reception 10 minutes before their scheduled appointment time, from where they will be collected.

If you have any queries, please do not hesitate to contact your child's Learning Manager, or myself, at the school.

Yours faithfully



Miss J Driscoll  
Deputy Head Teacher