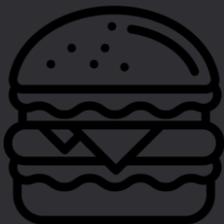
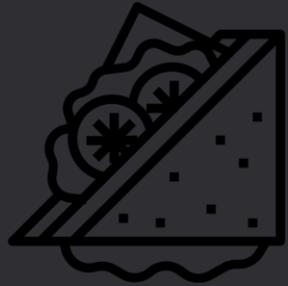


THIS WEEK'S Eats

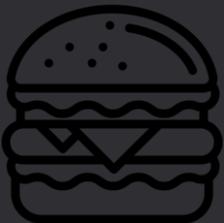
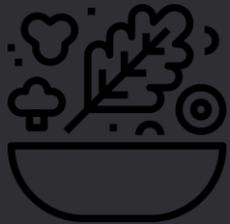
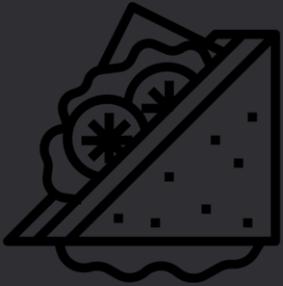
Week One



| | option one | option two | Everyday faves! | | | | | |
|------|---|--|--|---|---|--|--|---|
| | | | Jackets | Pizza & Pasta | Hot Snacks | Subs | Salad | Sarnies |
| MON | <p>American Beef Burger or the Incredible Vegan Burger</p> <p>with Tasty Wedges and Coleslaw</p> | <p>Mexican Mexican Spiced Chicken Flatbread and Tomato Rice</p> <p>with Crunchy Raw Slaw</p> | <p>With a whole load of hot and cold topping options</p> | <p>A range of pasta sauces and pizzas daily</p> | <p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p> | <p>Our favourite sub bar with meat and vege fillings</p> | <p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p> | <p>Your favourite sarnie fillings everyday!</p> |
| TUE | <p>Chinese Sweet & Sour Chicken with Rice or Vege Chow Mein</p> <p>with Sweet Chilli Broccoli</p> | <p>Italian Traditional Lasagne with Garlic Bread or Vege Ball Marinara Sub Roll</p> <p>with Garlic and Herb Wedges and Coleslaw</p> | <p>With a whole load of hot and cold topping options</p> | <p>A range of pasta sauces and pizzas daily</p> | <p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p> | <p>Our favourite sub bar with meat and vege fillings</p> | <p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p> | <p>Your favourite sarnie fillings everyday!</p> |
| WED | <p>British Roast Turkey or Vegetable Pastry Slice</p> <p>with Roast Potatoes, Carrots, Cabbage and Gravy</p> | <p>Mexican Beef Barbecoa Burrito</p> <p>with Sweetcorn</p> | <p>With a whole load of hot and cold topping options</p> | <p>A range of pasta sauces and pizzas daily</p> | <p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p> | <p>Our favourite sub bar with meat and vege fillings</p> | <p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p> | <p>Your favourite sarnie fillings everyday!</p> |
| THUR | <p>Indian Chicken Korma and Rice or Vege Biryani</p> <p>with Lime Spiced Sweetcorn</p> | <p>Chinese Sweet Chilli Chicken Noodles</p> <p>with Stir Fried Veg</p> | <p>With a whole load of hot and cold topping options</p> | <p>A range of pasta sauces and pizzas daily</p> | <p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p> | <p>Our favourite sub bar with meat and vege fillings</p> | <p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p> | <p>Your favourite sarnie fillings everyday!</p> |
| FRI | <p>British Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or Dirty Fries with Coleslaw</p> | <p>Italian BBQ Chicken Mac N Cheese</p> <p>with Broccoli</p> | <p>With a whole load of hot and cold topping options</p> | <p>A range of pasta sauces and pizzas daily</p> | <p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p> | <p>Our favourite sub bar with meat and vege fillings</p> | <p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p> | <p>Your favourite sarnie fillings everyday!</p> |

THIS WEEK'S Eats

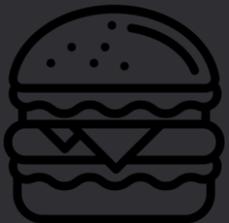
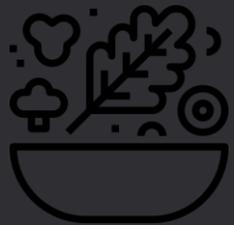
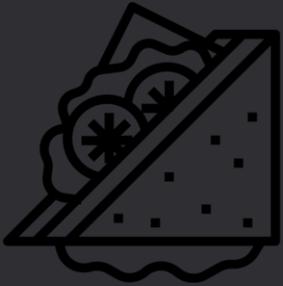
Week Two



| | option one | option two | Everyday faves! | | | | | |
|-------------|---|---|---|--|---|---|---|---|
| | | | Jackets | Pizza & Pasta | Hot Snacks | Subs | Salad | Sarnies |
| MON | American Topped Mac N Cheese with Sweetcorn | Mexican Chipotle Chicken Taco with Mexican Rice and Sweetcorn | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |
| TUE | Italian Traditional Lasagne with Garlic Bread or Vege Ball Marinara Sub Roll with Garlic and Herb Wedges and Coleslaw | Chinese Sweet Chilli Chicken Noodles with Stir Fried Veg | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |
| WED | British Roast Pork with Stuffing and Apple Sauce or Quorn Roast with Roast Potatoes, Carrots, Cabbage and Gravy | American Beef Burger with Delicious Garlic and Herb Potato Wedges and Coleslaw | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |
| THUR | Peruvian Chicken Burger or Pitta with Portuguese Sauces Or The Incredible Vegan Burger with Fajita Wedges and Corn Slaw | Indian Chicken Tikka Masala with Cucumber Raita And Rice | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |
| FRI | British Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll with Chips, Baked Beans and Peas | Mexican Chicken Burrito with Broccoli | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |

THIS WEEK'S Eats

Week Three



Everyday faves!

| | option one | option two | Jackets | Pizza & Pasta | Hot Snacks | Subs | Salad | Sarnies |
|-------------|---|---|---|--|---|---|---|---|
| MON | Mexican Beef Burrito or Quorn Burrito with Sweetcorn | American Topped Mac N Cheese with Sweetcorn | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |
| TUE | Peruvian Chicken Burger or Pitta with Portuguese Sauces Or The Incredible Vegan Burger with Chipotle Wedges and Corn Slaw | Chinese Chicken Chow Mein with Stir Fried Veg | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |
| WED | British Roast Gammon or Quorn Roast with Roast Potatoes, Carrots, Cabbage and Gravy | American New York Hot Dog with Paprika Wedges and Apple Slaw | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |
| THUR | Indian Chicken Korma and Rice or Vege Biryani with Lime Spiced Sweetcorn | Italian Traditional Lasagne with Garlic Bread and Lemon Garlic Broccoli | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |
| FRI | British Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or Dirty Fries with Coleslaw | Mexican Chicken Club Quesadilla with Lime and Coriander Rice and Corn Slaw | With a whole load of hot and cold topping options | A range of pasta sauces and pizzas daily | Delicious, hot range of paninis, toasties and pasties for you to choose from | Our favourite sub bar with meat and vege fillings | Choose from a whole selection of amazingly fresh salad bases and customise as you wish! | Your favourite sarnie fillings everyday! |